



PROGRAMMING INFORMATION

US Eastern Time

Spiritual Tools (9:00, 1:30, 7:00 AM/PM) – We are blessed to have Spiritual Tools given to us by the Ascended Masters for our further development, purification, protection and mastery of certain Rays/Attributes. Here in this program, you will be able to listen to and practice a Spiritual Tool or Tools over and over again to build the Momentum and habit. Take advantage of these wonderful gifts that can accelerate your evolution when used regularly.

Music (9:30, 5:30 AM/PM) – What kind of Radio Program would it be without the Harmony we receive from music? Please enjoy some carefully curated music for your get up and shine time. These songs are not restricted to the Ante Meridiem time frames, and we hope you tune in anywhere in the world you may be and at any time.

Meditation & Breathing (1:00, 3:30, 7:30 AM/PM) – One of the greatest natural abilities we have been given is the use of our Life Force through breathing. Consider checking into this program to get your daily pranayama. We engage in breathing with conscious attention to positive qualities. This Ascended Master type of breathing exercise is used to qualify the Flame with a Virtue.

Radio Class (8:00, 10:00, 12:00, 2:00 AM/PM) – Service in the form of a class is to assist the Masters and to raise Humankind and the Planet. This program uses a class-style matrix which is filled with decrees, visualizations and dictations from the Ascended Masters. Please tune into the radio classes as often as you like. There are also separate classes on Saturday and Sunday which you need to register separately for. You may visit the registration page for more information.

Keynotes & Retreats (11:00, 3:00 AM/PM) – The Music of the Spheres is everywhere. This program carries the vibrations of certain Ascended Masters via their keynotes – musical notes arranged in such a pattern to act as a key to open your consciousness to their frequencies. It may help you to visualize and send devotion to them while listening to their keynotes.

The Retreat descriptions are words taken from the Ascended Masters Teachings on previously available Retreat openings. The Retreats are located in the etheric plane and you may ask the Angels to guide you to these special places while you sleep.

This program may contain additional notes from a geographical, cultural, and/or historical standpoint (taken from online and related “human” sources) to help listeners get a better picture, envision and understand the significance of the physical location associated with the Retreat. Retreats are Temples or Spiritual Centers which can be open year-round or during specific months. While open, these Retreats have an outpouring of Energy and Radiation along certain Qualities of the Rays/Flames for chelas to study, assimilate, absorb and expand.

Day of the Week Decrees and Contemplations (11:30, 5:00 AM/PM) – These are helpful decrees and affirmations paired with short dictations to contemplate on.

Chinese Class (6:00 AM/PM) – For our international brothers and sisters who speak Mandarin Chinese, this class has visualizations and dictations in Chinese. The invocation, decrees and benediction will still be in English.

Spanish Class (4:00 AM/PM) – For our international brothers and sisters who speak Spanish, this class has visualizations and dictations in Spanish. The invocation, decrees and benediction will still be in English.